

W A I T

O U T N O W

T H E T A



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express how intense life can be"

New electro-pop single, 'Wait' is releasing on 10th October 2020, World Mental Health Day. The song was written for a suicidal friend, asking him to choose life. This person is now thankfully very well and Katie hopes the song will reach people who are suffering from suicidal thoughts and inspire a little hope and encouragement to choose life.

Theta (aka Katie Hargreaves) is a British singer-songwriter. Inspired by the likes of Daughter, Bon Iver and The 1975, Katie writes with painfully honest emotion, reflecting on love, loss and life. Her music blends dream-pop, folk and electro-pop, to create highly emotive dreamlike atmospheres.

*"I wish I could reach you to hold your hand
Take off the weight while you try to stand
Breathe in, it'll be alright" - Wait*

Theta's first EP, Leaving, was a journey through the process of losing her ex-boyfriend to suicide. "It was immensely helpful to use poetry and music in order to understand what I was going through, sometimes art is the only way to truly express how intense life can be".

Now Katie is working with producer, Alastair Wilson on new work. Alastair's love for electronic music has brought Theta into a different age. Working with more electro-pop / house music sounds, the music they are making together is exciting and pushing genre boundaries.

"My music was born from a dire situation of grief and loss. I am so glad I can share it as I know everyone goes through dark times and it's always comforting knowing someone else understands and you're never alone."

To listen to Theta's new single, 'Wait', click this link: <http://hyperurl.co/thetawait>

For immediate help, go to <https://www.samaritans.org/how-we-can-help/contact-samaritan/>

For advice on how to deal with someone you think may be suicidal, go to <https://www.mentalhealth.org.uk/publications/suicide-prevention-wait>

